

The Glenwood Way: PE and Sports Premium Funding 2017/18

Introduction

The PE and Sports Premium is additional funding given to schools by the Government so that schools can make additional and sustainable improvements to the quality of PE and sport that they offer.

This means that schools should use funding to:

- develop or add to the PE and sport activities the school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

The PE and Sports Premium funding is allocated to schools for learners, in Year 1 through to Year 6. In cases where schools do not follow year groups (for example, in some special schools), pupils aged 5 to 10 attract the funding. The government determine how many pupils in our school attract the funding using data from the January 2017 school census.

For the Academic year 2017 to 2018

The school has received £16.610 PE and Sports Premium funding over the last year.

The grant has been used to fund the following activities:

- Additional swimming (over what is required)
- South East Essex gym sessions
- Lunchtime Yoga sessions
- Deanes Multi Skills Lunch Clubs
- Tennis Lunch Club
- Sports Equipment
- Additional pool based exercise for some learners by the provision of additional support staff hours

Looking back – What was the impact of this expenditure?

- Additional swimming

The impact of this spend is particularly significant in supporting our learners to develop their gross motor skills. A teacher described how this initiative had made a huge impact on a learner in her class by saying, “Now that X is having an extra 1-1 swimming lesson every week, he has built trust in his relationships with the adults who he works with. His muscle strength and tone has also improved meaning that he can swim for longer which in turn has helped improve his swimming skills”.

- South East Essex gym

The weekly sessions in the gym have a considerable impact on the learners' wellbeing, physical development and social skills. The activities and specialist equipment that the learners have access to enable them to improve their co-ordination, balance, body awareness and muscular strength. Learners can work on their communication targets, as they are required to follow instructions, make choices and socially interact with familiar and less familiar adults. A carer of one of our learners commented that, "The gym sessions has helped my child with their motor planning and this has been evident when I have taken her to the park."

- Lunchtime Clubs

The clubs have given our learners the extra opportunity to get physical and increase their exercise levels and stamina. These sessions have also provided a range of activities, which include a variety of sport skills. One teacher mentioned, "These sessions have impacted on my learner in many ways. Her self-esteem is improving and she is more willing to try new activities. She was less willing to involve herself in physical exercise before and now she is more willing and this is having a positive impact on her health"

- Sports Equipment

The increase in sports equipment has enabled clubs to take place and a range of PE activities to be taught. The impact of having a wider range of equipment has added excitement to the sessions and has enabled staff to teach learners the same skills using a wider range of resources which has helped maintain interest and motivation.

- Pool exercise

Pool exercise impacts on the health and wellbeing of our learners who have a range of disabilities and health conditions. It can impact on muscle tone, movement of joints, body awareness, understanding of routine, communication and sensory processing. The sessions are specific to each learner and are based on their individual pool exercise plan. One teacher remarked, "The support of the physiotherapists has given me the confidence to teach the exercises correctly using any relevant equipment."

Looking ahead to the 2018-19 academic year.

Next academic year we intend to spend the grant by:

- Continuing to run school clubs to support and engage young people who may not be able to access non-specialist facilities
 - Purchasing additional resources to support the physical education programme and the teaching of swimming
 - Hiring qualified sports disability coaches to work alongside staff for short PE modules. For example, Boccia, Athletics, Dance, Cricket.
 - Providing additional swimming lessons beyond that required
 - Making links to other community sports providers – encouraging learners to join out of school sports clubs.
- We will also look into part funding a Sports Apprentice.

How we plan to raise the profile of PE and sport at Glenwood?

- The profile of PE and sport is raised across the school
- Increasing confidence, knowledge and skills of all staff in teaching PE and sport by working alongside disability coaches.
- Ensuring a broader range of experiences of sports and physical activities is offered to all pupils.
- Increasing participation in competitive sport in school and with other schools.
- Increasing the involvement of staff, parents and carers, governors and partner agencies in identifying needs and possible provision through the use of PE and Sports Premium funding.
- Ensuring that all learning in this area impacts and enhances life opportunities by also supporting their Communication/PSHED learning in the community as well as across the curriculum.

