

From September 2018

Glenwood School Menu 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|--|
| | Local Butcher's Beef Burger in a Soft Bap served with Herby oven wedges | Homemade Chicken and Sweetcorn Pie | Local Butchers Roast Gammon served with Yorkshire Pudding | Homemade Sausage Roll with Mash (Gravy) | Birds Eye Omega 3 Fish Fingers |
| | Tomato and Basil Pasta | Vegetarian Sausage Roll | Veggie Filled Yorkshire Pudding | Jacket Potato with Cheese/Tuna/Beans | Veggie Nuggets |
| | Peas Sweetcorn | New Potato's Garden Peas Whole Green Beans | Roast or Mash Potato's Gravy | Mixed Vegetables | Chips or Mash Peas or Baked Beans |
| | Homemade Coleslaw Salad Selection | Mix Salad | Fresh Carrots Cauliflower | Salad Selection | Mix Salad |
| | Ice Cream Pot Or Fresh Fruit Or Yoghurt | Homemade Apple Flapjack Or Fresh Fruit Or Yoghurt | Carrot Cake Or Fresh Fruit Or Yoghurt | Banana Loaf Or Fresh Fruit Or Yoghurt | Pear Crumble Or Fresh Fruit Or Yoghurt |

Jacket potato option available every day
Milk and Homemade Bread available everyday

Note: gluten free option available everyday

From September 2018

Glenwood School Menu 2

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|---|
| | Ham and Pepperoni or cheese and tomato Pizza with chips | Roast Chicken | Pork Meat Balls served in a Rich Tomato Sauce | Fish Fingers | Spaghetti Bolognese |
| | Cheese and Tomato pasta | Roast Quorn Fillet with Lemon and Herb Crunch | Cheese & tomato pasta | Quorn Dippers | Macaroni Cheese |
| | Sweetcorn and Pepper Salad Home Made Coleslaw | Roast or Mash potatoes Yorkshire pudding | | Mash potato Beans Garden Peas | Green Bean's Carrots Garlic Bread |
| | Mixed Salad Selection | Fresh Carrots Fresh Broccoli | Fresh Salad | Salad Bar | Salad Selection |
| | Fruit Muffins Or Fresh Fruit Or Yoghurt | Fruit Crumble with Custard Or Fresh Fruit Or Yoghurt | Ice Cream & Peach Slices Or Fresh Fruit Or Yoghurt | Chocolate brownie Or Fresh Fruit Or Yoghurt | Orange Drizzle Cake Or Fresh Fruit Or Yoghurt |

Jacket potato option available every day
Milk and Homemade Bread available everyday

Note: gluten free option available everyday

From September 2018

Glenwood School Menu 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|---|--|
| | Polenta chicken vegetable burger | Oven Baked Young's Omega 3 Fish Fingers | Local Butchers Pork Sausages | Local Butchers Roast Beef Served with Yorkshire Pudding and Gravy | Homemade Chicken Tikka Masala |
| | Tomato and Basil pasta | Cheese Country Vegetable Bake | Linda McCartney Vegetarian Sausages | Homemade Vegetarian Parcels | Quorn with Sweet Sour Vegetables |
| | Mixed Peppers or Broccoli | Chips Beans | Creamy Mash Potato | Roast Potato's Fresh Carrots Shredded Savoy Cabbage | Rice Naan Bread |
| | Salad Bar | Salad Bar | Sweetcorn Garden Peas | | Salad Bar |
| | Frozen Yoghurt Pot Or Fresh Fruit Or Yoghurt | Jammy Dodger Cup Cake Or Fresh Fruit Or Yoghurt | Jelly Or Fresh Fruit Or Yoghurt | Fruit sponge with Custard Or Fresh Fruit Or Yoghurt | Homemade Cookie With fruit Or Fresh Fruit Or Yoghurt |

Jacket potato option available every day
Milk and Homemade Bread available everyday

Note: gluten free option available everyday