

# Glenwood School Menu 1

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	Southern Fried Quorn Burger or Quorn Dog	Salmon & Broccoli Pasta Bake or Jacket with Veggie Bolognese	Roast Gammon or Veggie Filled Yorkshire	Homemade Chicken Tikka Masala or Sweetsour Quorn	Birds Eye Chunky Fish Finger or Spicy Bean Burger
	½ Jacket Potato or Mash	Crusty Bread	Roast or Mash Potatoes Yorkshire Pudding	Sunshine Rice Naan Bread Strip	Chips or Mash
	Baked Beans Garden Peas	Sweetcorn Carrots	Fresh Carrots Green Beans	Broccoli Cauliflower	Beans or Peas
	Salad Bar	Salad Bar		Salad Bar	Salad Bar
	Flapjack With Apple  Or Yeo Valley Yoghurt Or Fresh Fruit	Chocolate Sponge with Chocolate Sauce  Or Yeo Valley Yoghurt Or Fresh Fruit	Fruit Crumble with Custard  Or Yeo Valley Yoghurt Or Fresh Fruit	Pips Organic Ice Lolly  Or Yeo Valley Yoghurt Or Fresh Fruit	Ice Cream Pot  Or Yeo Valley Yoghurt Or Fresh Fruit

Milk and Homemade Bread available everyday

## Glenwood School Menu 2

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	Linda McCartney Sausage or Cheddar Whirl	Tomato Pasta	Roast Chicken or Vegetable Pudding	Omega 3 Rich Young's Fish Fingers or Sweet Potato Rosti	Butchers Beef Burger or Quorn Burger
	Herby Diced Potatoes	Turkey Pasta Bake	Roast Potatoes or Mash Yorkshire Pudding	Creamy Mashed Potato	Crispy Chips
	Sweetcorn and Peas	Whole Green Bean	Carrots and Broccoli	Garden Peas Baked Beans	Peas and Sweetcorn
	Salad Bar	Salad Bar		Salad Bar	Salad Bar
	Chocolate Brownie  Or Yeo Valley Yoghurt Or Fresh Fruit	Arctic Roll  Or Yeo Valley Yoghurt Or Fresh Fruit	Jelly  Or Yeo Valley Yoghurt Or Fresh Fruit	Banana Cake  Or Yeo Valley Yoghurt Or Fresh Fruit	Carole's Cookie  Or Yeo Valley Yoghurt Or Fresh Fruit

Milk and Homemade Bread available everyday

## Glenwood School Menu 3

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	French Bread Pizza or Quorn Balls	Sausage Roll with Mash	Roast Beef or Lemon Herb Quorn	Pastitsio or Macaroni Cheese	Harry Ramsdens Fish Fillet or Quorn Dippers
	Penne Pasta	Jacket Potato with Beans/Cheese or Tuna	New Potato's Yorkshire Pudding	Garlic Bread	Crispy Chips or Mash
	Sweetcorn or Peas	Baked Beans Whole Green Beans	Carrots Savoy Cabbage	Carrots Broccoli	Pea's Baked Beans
	Salad Bar	Salad Bar		Salad Bar	Salad Bar
	Frozen Yoghurt  Or Yeo Valley Yoghurt Or Michelle's Fresh Fruit Salad	Fresh Fruit Platter  Or Yeo Valley Yoghurt	Jam Sponge with Custard  Or Yeo Valley Yoghurt Or Fresh Fruit Salad	Ice Cream & Peaches  Or Yeo Valley Yoghurt Or Fresh Fruit Salad	Angel Delight  Or Yeo Valley Yoghurt Or Fresh Fruit Salad

Milk and Homemade Bread available everyday