

Week 1 Glenwood school

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Baguette Pizza (v)	Fish fingers	Roast Gammon	Homemade Chicken Curry (gf)	Burger in a bun
Option 2	No Nut Pesto Pasta (v)	Quorn sausage (v)	Vegetable Pie (v)	Vegetable Samosa	Baked Fishless (v) Fingers
Gluten free	Gluten Free Pizza	Gluten Free Fish Fingers	Roast Gammon	Homemade Chicken Curry	Gluten free Burger
On the Side	Sweetcorn Hot Pasta Salad	Mash Baked Beans	Roast potatoes Carrots Yorkshire Pudding	Rice Naan Bread Green Beans	Chips Pea's
Dessert	Flapjack	Oaty Crumble Custard	Sticky Toffee Muffin	Fruit	Sticky Chocolate Brownie

Also available daily on request Jacket potato, baguette, fresh bread, salad bar, fresh fruit, yoghurt, milk and water

Key: (v) – Vegetarian
 (ve) – Vegan
 (p) – Processed
 (gf) – Gluten free

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza Whirl (v)	Beef Bolognese	Roast Chicken	Sausage Roll	Omega 3 fish fingers
Option 2	Creamy Macaroni Cheese (v)	Vegetable Lasagne (v)	Vegetable Whirl (v)	Vegan Sausage Roll (v)	Vegetable Nuggets (v)
Gluten free	Gluten and Dairy Free Pizza	Pasta Bolognese (gf)	Roast Chicken	Chicken Sausage (gf)	Fish fingers (gf)
On the Side	Hot Pasta Salad Whole green Beans	Pasta (v) Broccoli	Roast potatoes (v) Carrots Yorkshire Pudding	Mash Pea's	Chips Baked Beans
Dessert	Shortbread (v)	Fruit	Carrot cake	Fruit Crumble (v) Custard	Fresh Fruit or Yoghurt

Also available daily on request Jacket potato, baguette, fresh bread, salad bar, fresh fruit, yoghurt, milk and water.

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