

Glenwood School Summer Menu 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Homemade Margherita Pizza (V) Gluten Free pizza & wedges Or $\frac{1}{2}$ Jacket Potato	Marinated BBQ Chicken, Gluten Free Chicken	Roast Chicken, Gluten Free Yorkshire Pudding	Beef Meatballs in a Tomato Sauce (Gluten Free)	Seaside Fish Fillet (Gluten Free Fish)
	Southern Crumb Quorn, Burger in a Bun (V), Gluten Free Chicken Strips & Wedges Or $\frac{1}{2}$ Jacket Potato	Quorn Dippers with BBQ Sauce (V)	Quorn Fillet, Yorkshire Pudding	Falafel in a Tomato Sauce (V) Gluten Free	Veggie Hot Dog in a Bun
	Sweetcorn, Homemade Coleslaw, Mixed Salad, Gluten Free Jacket Potato	Savoury Rice, Green Beans, Mixed Salad Choice	Roast Potatoes, Cauliflower, Broccoli, Optional Gravy	Wholegrain and White Pasta, Carrot and Peas	Baked Beans, Peas, Chips
	Chocolate Mousse	Gluten Free Lemon Drizzle	Crumble Custard	Toffee Crispie	100% Fruit Ice Lolly

Jacket Potato available every day

Glenwood School Summer Menu 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Macaroni Cheese	Beef or Gluten Free Beef Burrito	Roast Gammon (Gluten Free)	Popcorn Chicken, Gluten Free Chicken Strips	Omega 3 Fish Fingers, Gluten Free Fish
	Tomato and Lentil Pasta Bake (V), Gluten Free Pasta Bake	Five Bean and Quorn Chilli with Tortilla Crisp (V)	Vegetable Strudel (V)	Popcorn Quorn (V)	Vegetable and Cheese Quesadillas (V)
	Homemade Crusty Bread, Mixed Salad Choice	Rice, Mixed Salad Choice, Mini Corn on the Cob	New Potatoes, Carrots, Shredded Cabbage	Broccoli, Mixed Salad Choice, Simple Dice Potatoes	Chips, Baked Beans or Peas, Mixed Salad Choice
	Yoghurt and Fruit with Optional Granola	Fruit Jelly and Ice Cream	Shortbread Biscuit	Fruit Platter	Chocolate Cake with Chocolate Custard (Gluten Free)

Jacket Potato available every day

Glenwood School Summer Menu 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pasta Neapolitan (V), Gluten Free Pasta Neapolitan	Homemade Crunchy Chicken Fillet Wrap served with Lettuce and Mayo, Chicken in Gluten Free Bun	Roast Turkey with Sage and Onion Stuffing	Butchers Sausage with Gravy, Gluten Free Sausage	Harry Ramsden Fish Fillet, Gluten Free Fish
	Macaroni Cheese (V)	Southern Quorn Burger Wrap served with Lettuce and Mayo (V)	Garlic and Herb Quorn Fillet with Sage and Onion Stuffing (V)	Vegan Sausage roll (V)	Veggie Dippers
	Homemade Crusty Bread, Mixed Salad Choice, Broccoli	Savoury Rice, Mixed Salad Choice	Roast Potatoes, Green Beans, Carrots, Optional Gravy	Mashed Potatoes, Peas, Cauliflower	Chips, Baked Beans, Sweetcorn
	Peaches and Ice Cream, Optional Wafer	Gluten Free Iced Sponge, Gluten Free Sponge	Fruit Platter	Syrup and Cornflake Tart, Custard	100% Fruit Lolly

Jacket Potato available every day

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