

Summer 2022 Menu-Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Pizza Whirls (v) With Pasta Salad	Chicken Tikka (GF) with rice and naan bread	Roast Turkey with Yorkshire pudding Roast or mash Potato's.	Pasta Bolognese	Omega 3 Fish Fingers
Option 2	Tomato Pasta with lentils(V)	Mac Cheese (v)	Quorn fillet (P)	Meat free Meat Ball (P.VE) With wedges with optional BBQ Sauce	Quorn dippers (V)
	Jacket Potato with a choice of fillings	Jacket Potato with a Choice of fillings		Jacket Potato with a Choice of fillings	Jacket potato with a Choice of fillings
Gluten free	Gluten free tomato Pasta	Chicken tikka and Rice	Roast Turkey with Roast or mash Potato	Gluten free pasta Bolognese	Gluten free Fish and chips
On the Side	Homemade Coleslaw Sweetcorn	Green Beans	Carrots Cauliflower	Garlic Bread Broccoli	Chips Or Mash Peas and Sweetcorn
	Mixed Salad	Mixed Salad		Mixed Salad	Mixed Salad
Dessert	Healthy Fruit Day	Chocolate cake and custard	Healthy Fruit Day	Ice Cream or Jelly	Scone, Jam and Cream

Key: (v) – Vegetarian (ve) – Vegan (P) – Processed / Yoghurts, Fresh Fruit, Bread and Milk Available Daily